



Name _____ Age _____ DOB _____
 Address _____ City _____ State _____ Zip _____
 Work Phone _____ Home Phone _____
 Cell Phone _____ Email address _____
 Ethnicity _____

Prescribed, Over the Counter and Recreational Drug/Medications (past and present use):

Medication	When	How Long	Medication	When	How Long
Antibiotics			Testosterone		
Accutane			Progesterone		
Benzoyl Peroxide			Disufuram		
Clindamycin Topical			Cyclosporin		
Adapalene			Dilantin		
Retin A Cream or Gel			Lithium		
Tazorac			Thyroid Medication		
Differin			Quinine		
Azelex			Isoniazid		
Sulfur			Immuran		
Clindamycin Oral			Danzol		
Androstendione			Gonadotrophin		
Cortisone			Steroids		
Minocycline			Recreational Drugs		
Copaxone			Antidepressants		

Products now using – please write product name

Cleanser _____
 Toner _____
 Serums _____
 Moisturizers _____
 SPF _____
 Mask _____
 Foundation _____
 Blush _____
 Exfoliant (ex. Glycolic) _____
 Acne Medications _____

Have you ever had any allergic reactions to any of the above products or anything you have ever put on your face? _____

If yes, what product: _____ Describe: _____

Check if you are allergic to: ___sulfur ___aspirin ___ latex Do you smoke? ___

Lifestyle Considerations

At what age did your acne start? _____

Do you use fabric softener or fabric softener sheets in the dryer? ____ Do you pick at your skin? ____

Do you work around chemicals, tars, oils or inks? ____ Are you currently under a lot of stress? ____

Do you regularly eat or ingest: ___kelp ___seaweed ___sushi ___ salt ___ fast foods ___ milk/cheese

Women only: Are you on birth control pills? If yes, name of pill: _____

Are you taking Depo Provera shots? _____

Are you pregnant or nursing? _____

What are your skin care concerns:

Describe your skin:

___ Blackheads	___ Dehydrated Skin	___ Dry, Flaky Skin	___ Oily
___ Whiteheads	___ Dark Spots	___ Sensitive Skin	___ Normal
___ Pimples/Pustules	___ Age Spots	___ Razor Bumps	___ Dry
___ Cysts	___ Broken Capillaries	___ Shaving Irritation	___ Oily/Dry
___ Oily Skin	___ Fine Lines/Wrinkles	___ Acne Rosacea	___ Sensitive

What else have you done for your skin:

Service	When	Service	When
___ Glycolic Acid Peels		___ Laser Hair Removal	
___ Microdermabrasion		___ Facial Waxing	
___ Chemical Peels		___ Electrolysis	
___ Skin Cancer Removal		Anything else?	
___ Plastic Surgery			

Medical History: check any condition you may have had in the past two years

___ Diabetes	___ Hepatitis	___ Hemophilia
___ Thyroid Problems	___ HIV + or AIDS	___ Thrombosis/Blood Clot/Stroke
___ Eczema	___ Staph Infection or MRSA	___ Metal pins or brackets in body
___ Psoriasis	___ Hormone Problems	___ Pacemaker
___ Pregnancy	___ Herpes Simplex/Cold Sores	___ Hysterectomy/ovaries removed
___ Nursing	___ High Blood Pressure	___ PCOS
___ Cancer	___ Anemia	___ Lupus

Are you under a Dermatologist's Care? ____ If so, name of Dr. _____

What kind of work do you do? _____

How did you hear about us? _____

What results would you like to obtain with your skin? _____
